



Montreal Peppered Steak

INGREDIENTS

- 1/2 cup olive oil
- 1/4 cup soy sauce
- 4 teaspoons **McCormick® Grill Mates® Montreal Steak Seasoning**
- 2 pounds boneless beef sirloin or New York strip steaks

INSTRUCTIONS

1. Mix oil, soy sauce and Steak Seasoning in small bowl. Place steak in large resealable plastic bag or glass dish. Add marinade; turn to coat well.
2. Refrigerate 30 minutes or longer for extra flavor. Remove steak from marinade. Discard any remaining marinade.
3. Grill steak over medium-high heat 6 to 8 minutes per side or until desired doneness.

PREP TIME: 5m

COOK TIME: 16m

CALORIES: 264

INGREDIENTS: 4

NUTRITION INFORMATION (per Serving)

Calories 264

Total Fat 20g

Cholesterol 69mg

Sodium 395mg

Carbohydrates 0g

Fiber 0g

Protein 21g